



Health
Screening
Program
HSP
Program
Saringan
Kesihatan
PERKESO



SEHATi User Manual

MOBILE APP USER

available for

iOS / ANDROID

This document contains the basic User Manual for Mobile App User on the usage of SOCSO's e-Health Application Technology improved (SEHATi)

SEHATi User Manual – Mobile Application

(Update as of 25th July 2025)



PERKESO SEHATi Mobile App

Dear Customer,

Thank you for choosing PERKESO SEHATi. PERKESO SEHATi is a health component system that keeps you connected with your health via mobile phone.

This manual provides the functions that are directly accessible from your smartphone-tablet device (iOS/Android).

To use PERKESO SEHATi,

1. Install the PERKESO SEHATi device to your smartphone.
2. Download the free "PERKESO SEHATi" Mobile App
 - App iOS (12+) available on App Store (<https://apps.apple.com/my/app/sehati-app/id1619744029?platform=iphone>)
 - Android (5+) available on Play Store (<https://play.google.com/store/apps/details?id=io.sehati>)



Table of Contents

1) SEHATi Mobile Application Guide – Registration.....	4
2) SEHATi Mobile Application Guide – Verify Email.....	4
3) SEHATi Mobile Application Guide – Account Verification (eKYC)	5
4) SEHATi Mobile Application Guide – Eligibility Check Notification	5
5) SEHATi Mobile Application Guide – Main Page – Quick Menu.....	6
6) SEHATi Mobile Application Guide – Main Page – QR Scanner.....	6
7) SEHATi Mobile Application Guide – Main Page – Self Monitoring	7
8) SEHATi Mobile Application Guide – Main Page – Health Summary	7
9) SEHATi Mobile Application Guide – Main Page – Edit Quick Action.....	8
10) SEHATi Mobile Application Guide – Answer Pre-Assessment and Dass 21 Questions.....	8
11) SEHATi Mobile Application Guide – Book Appointment.....	9
12) SEHATi Mobile Application Guide – Check and Edit Appointment.....	9
13) SEHATi Mobile Application Guide – Highlights	10
14) SEHATi Mobile Application Guide – Analysis – Recommendations Summary and Test Results Analysis	11
15) SEHATi Mobile Application Guide – Employment Injury Treatment Program (RBK)	11
16) SEHATi Mobile Application Guide – Other Settings functions	12
17) SEHATi Mobile Application Guide – Purchase Voucher	12
18) SEHATi Mobile Application Guide – Account History	13
19) SEHATi Mobile Application Guide – Voucher	13

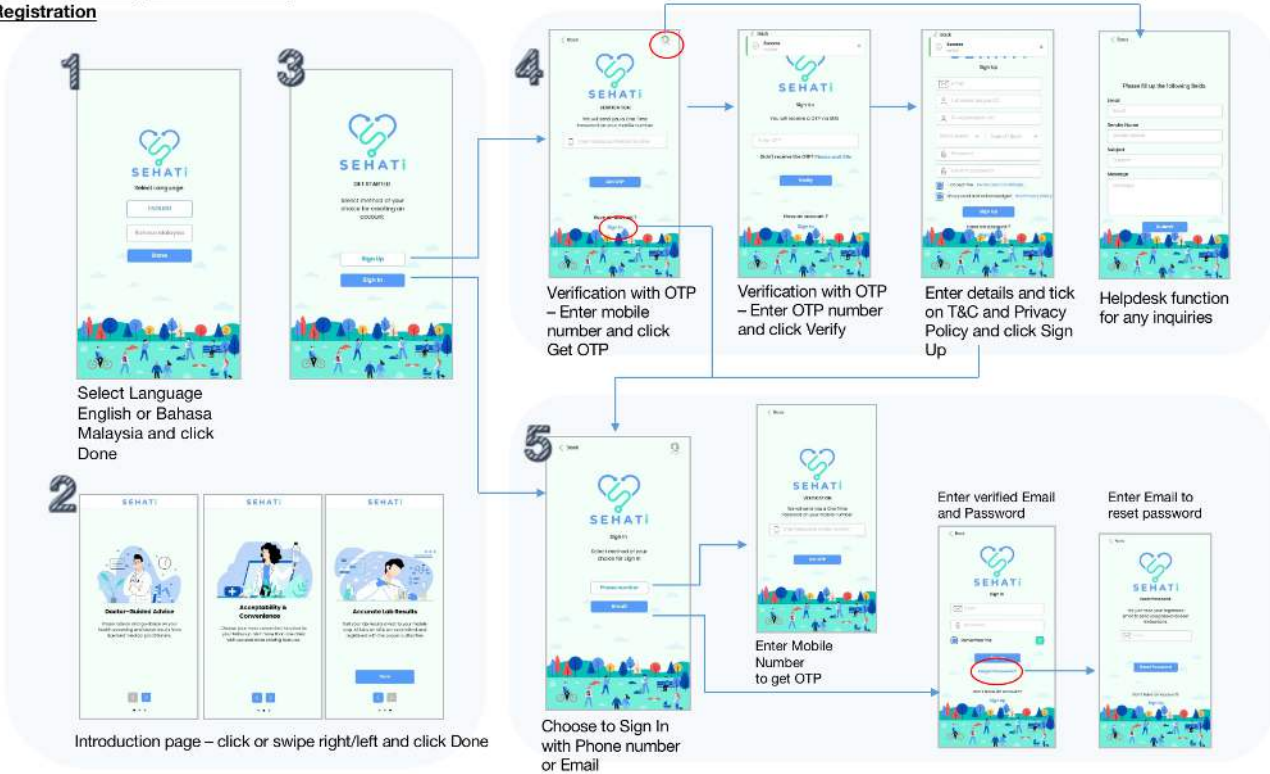
SEHATi User Manual – Mobile Application

(Update as of 25th July 2025)



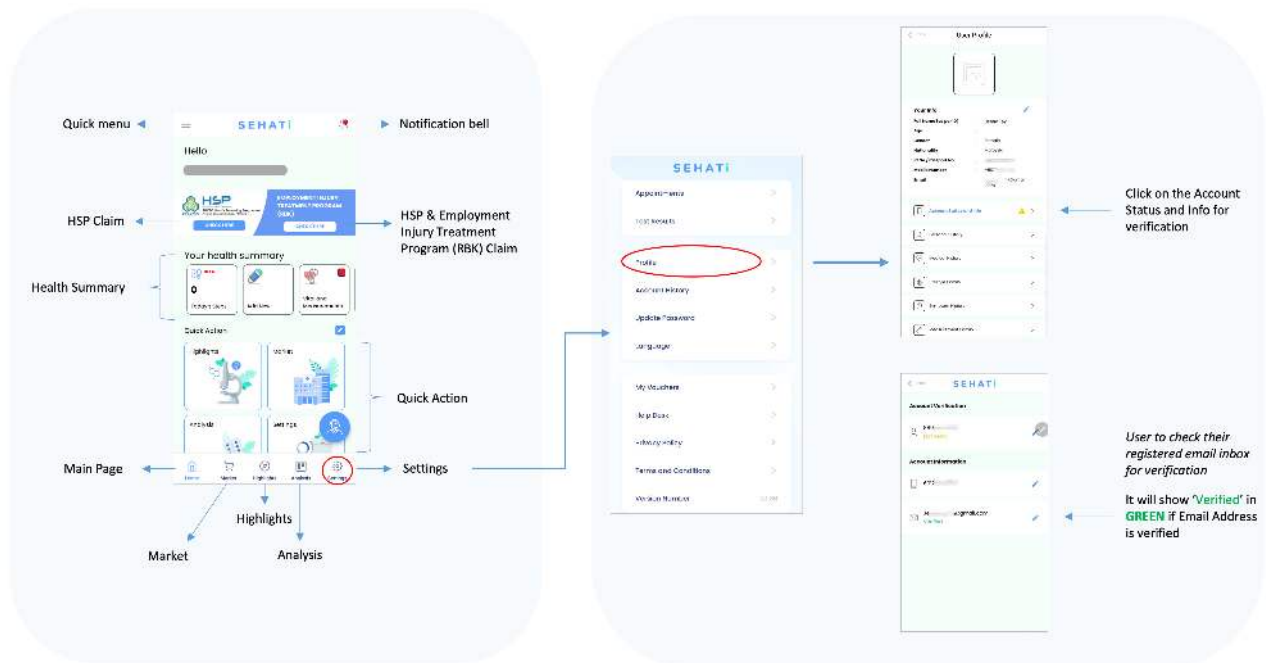
1) SEHATi Mobile Application Guide – Registration

SEHATi Mobile Application Guide – Registration



2) SEHATi Mobile Application Guide – Verify Email

SEHATi Mobile Application Guide – Verify Email





3) SEHATi Mobile Application Guide – Account Verification (eKYC)

SEHATi Mobile Application Guide – Account Verification (eKYC)

Click on the Account Status and Info for verification

You are required to complete this step if you want to update personal information like IC number and phone number.

Once submitted for verification, it will show as **Pending Approval**. Verification process will take approximately 3-5 working days.

In case of **Rejected** application, User will see the Reason of rejection and need to resubmit by following the same steps from the beginning.

Upon successfully verified, it will show as **Verified**.

Please follow the steps as stated on the app and submit your application for verification.

4) SEHATi Mobile Application Guide – Eligibility Check Notification

SEHATi Mobile Application Guide – Eligibility Check Notification

Quick menu

HSP Claim

Health Summary

Main Page

Market

Analysis

Notification bell

HSP & Employment Injury Treatment Program (RBK) Claim

Quick Action

Settings

Notifications

You have 2 new notifications

PERKESO Health Screening Program

Notification messages shown for Eligible for PERKESO Health Screening Program

Not Business

You have 2 new notifications

PERKESO Health Screening Program

Notification message shown for NOT Eligible for PERKESO Health Screening Program

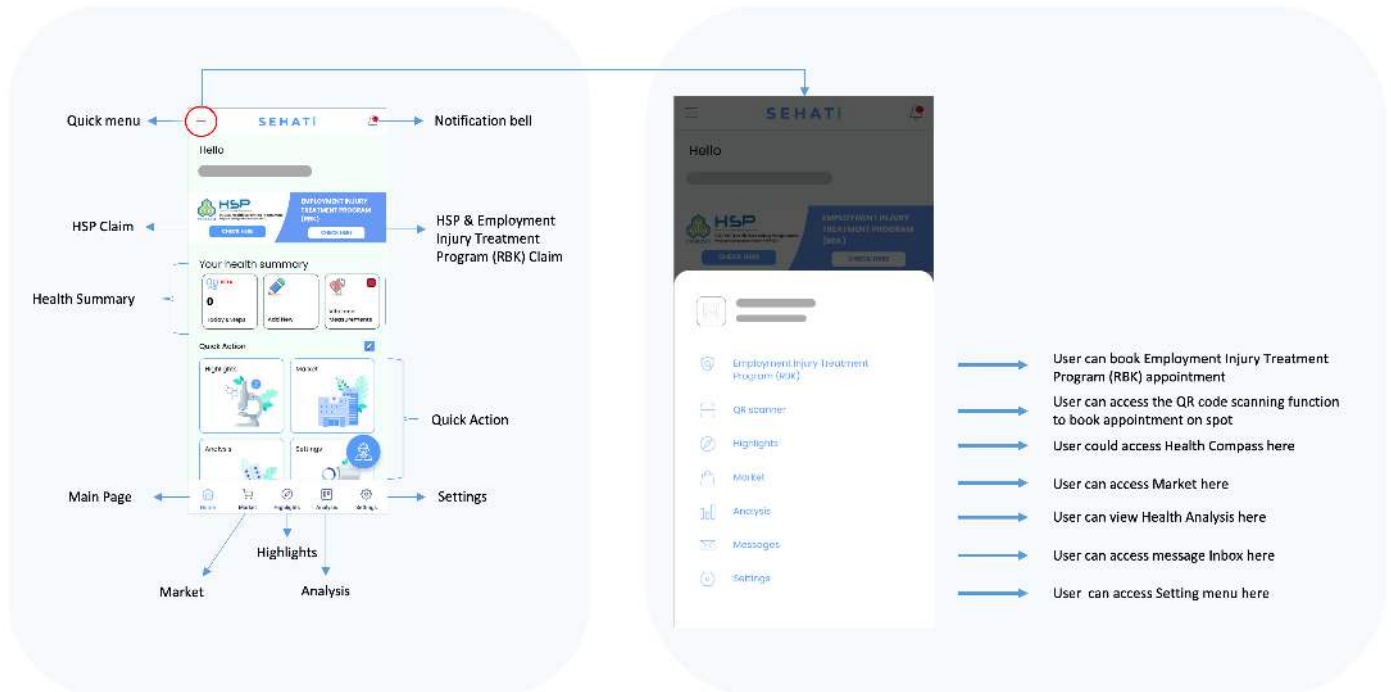
SEHATi User Manual – Mobile Application

(Update as of 25th July 2025)



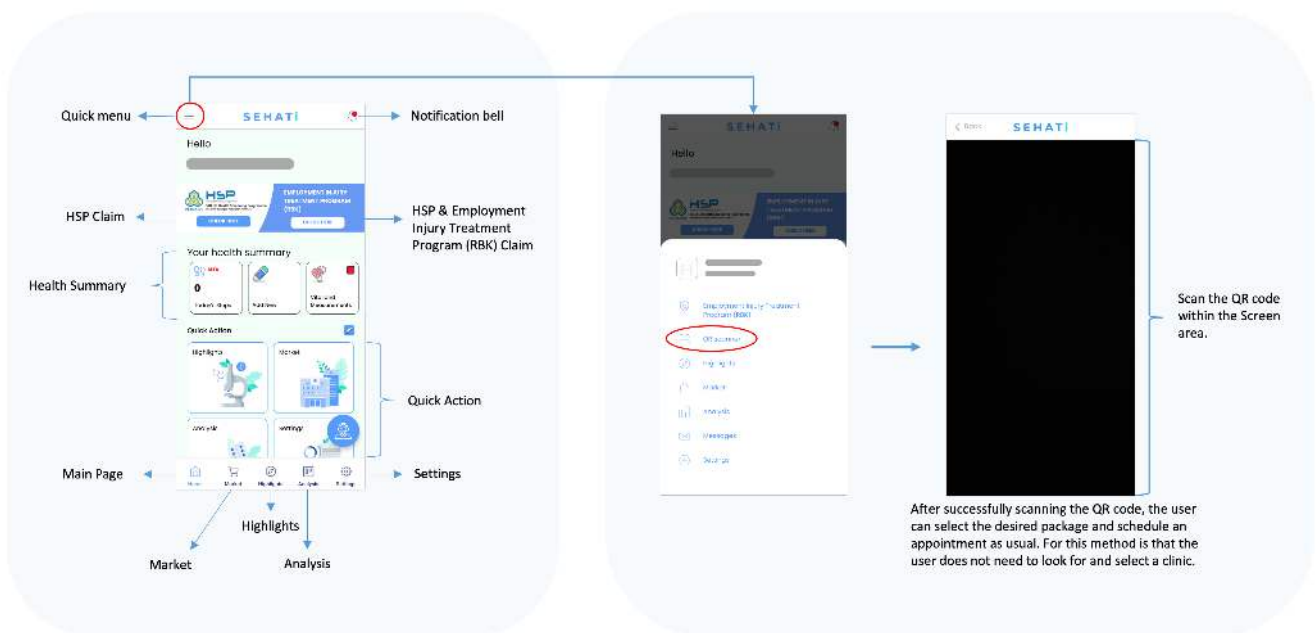
5) SEHATi Mobile Application Guide – Main Page – Quick Menu

SEHATi Mobile Application Guide – Main Page – Quick Menu



6) SEHATi Mobile Application Guide – Main Page – QR Scanner

SEHATi Mobile Application Guide – Main Page – QR Scanner



SEHATi User Manual – Mobile Application

(Update as of 25th July 2025)



7) SEHATi Mobile Application Guide – Main Page – Self Monitoring

SEHATi Mobile Application Guide – Main Page – Self Monitoring

Quick menu ← SEHATi → **Notification bell**

HSP Claim ← HSP Employment Injury Treatment Program (RBK) Claim → **HSP & Employment Injury Treatment Program (RBK) Claim**

Health Summary ← Your health summary → **Quick Action**

Main Page ← Market, Analysis → **Settings**

Self Monitoring

- Vitals and Measurements**
 - Average: 55, 160, 80
 - * Scroll to the left for more
- Sort results based on period.**
 - * Selecting the same filter will sort the results in ascending/descending order.
- Graphical representation of the entire measurement data.**
- Enter and submit new measurement here**
- All previously submitted entries can be viewed here.**
 - * Clicking "Remove" will erase the record.

8) SEHATi Mobile Application Guide – Main Page – Health Summary

SEHATi Mobile Application Guide – Main Page – Health Summary

Quick menu ← SEHATi → **Notification bell**

HSP Claim ← HSP Employment Injury Treatment Program (RBK) Claim → **HSP & Employment Injury Treatment Program (RBK) Claim**

Health Summary ← Your health summary → **Quick Action**

Main Page ← Market, Analysis → **Settings**

Health Summary

- * Scroll further to the left to view more health summary.**
- Body View**
 - After selecting "Body View," a picture of a body will appear.
 - Users can read the health summary for any body part by clicking on the specified location.
 - The user can view health summaries that aren't displayed in the body view by selecting "Others."
- Click the individual test result to display a graphical view with the previous record.**
- * Scroll to the left to select and view other health summary details.**

SEHATi User Manual – Mobile Application

(Update as of 25th July 2025)



9) SEHATi Mobile Application Guide – Main Page – Edit Quick Action

SEHATi Mobile Application Guide – Main Page – Edit Quick Action

The diagram illustrates the steps to edit quick actions on the SEHATi mobile application. It starts with an overview of the main page, showing sections like 'Quick menu', 'HSP Claim', 'Health Summary', 'Main Page', 'Market', 'Analysis', 'Highlights', 'Settings', and 'Notification bell'. A red circle highlights the 'Edit Quick Action' icon in the 'Quick Action' section. An arrow points to a screenshot of the 'Edit Quick Action' dialog, where users can select functions to be displayed by checking a box next to the function name. Another arrow points to the final 'Your health summary' screen, where the selected quick actions are now visible.

By selecting the edit icon, the user may modify the quick action's content. Click the checkbox next to the function name to indicate which function the User would like to be displayed.

After the user selects the item to be displayed in the fast action section, the selected function will appear with its matching icon.

10) SEHATi Mobile Application Guide – Answer Pre-Assessment and Dass 21 Questions

SEHATi Mobile Application Guide – Answer Pre-Assessment and Dass 21 Questions

The diagram shows the process of answering pre-assessment and Dass 21 questions. It starts with a notification bell icon on the main page, which leads to a notification message: 'You have 1 new notification: You have 2 compulsory questionnaires to answer.' This notification is for 'Pre-Assessment Questions' and 'Dass-21 Questions'. The user is required to complete all the questionnaires and click 'Submit' once done. The diagram includes screenshots of the notification, the list of questions, and the questionnaires themselves. A red circle highlights the 'Submit' button on the 'DASS 21' questionnaire, with an arrow pointing to the text 'Click ok to proceed to next page'.

Click on the Notification bell and the message notification will lead user to answer 2 compulsory questionnaires.

Pre-Assessment Questions
Dass-21 Questions

User required to complete all the questionnaires and click Submit once done

Click ok to proceed to next page

SEHATi User Manual – Mobile Application

(Update as of 25th July 2025)



11) SEHATi Mobile Application Guide – Book Appointment

SEHATi Mobile Application Guide – Book Appointment

1 To book a new appointment, the user will need to select any desired **Package** or **Product** from the **Market** page.

2 Once the **Package/Product** is selected, user must choose **"Buy & Book Now"** and then select a clinic via **List** or **Map View**.

3 Users can check clinic details like **business hours**, contact the clinic via **call** or **message**, and even view its **location**.

4 After selecting the desired **Appointment Date** and **Time**, the user can proceed to the **Summary** Page.

5 Users can view the appointment summary here. For **free appointments**, the booking process will be completed automatically. For **paid appointments**, users must complete the payment before finishing the booking process.

5 Once the appointment is booked, the user can check the details of any **upcoming appointments** through the **Appointment** page under the **Pending** tab.

HSP/Complementary Package Paid Package/Product

12) SEHATi Mobile Application Guide – Check and Edit Appointment

SEHATi Mobile Application Guide – Check and Edit Appointment

Appointments – User has booked an appointment, but the clinic has not confirmed it yet. User can change the clinic, reschedule, purchase add-ons (only for applicable free screenings), or cancel the appointment.

Upcoming Appointment – Appointment confirmed by the clinic. No changes allowed in this status.

Past Appointment – Shows previous appointments, including vaccine details.

SEHATi User Manual – Mobile Application

(Update as of 25th July 2025)



13) SEHATi Mobile Application Guide – Highlights

SEHATi Mobile Application Guide – Highlights – Activation

The diagram illustrates the SEHATi mobile application interface and the process of granting calendar permissions. On the left, the main page is shown with various sections: Quick menu, Notification bell, HSP Claim, HSP & Employment Injury Treatment Program (RBK) Claim, Health Summary, Quick Action, Main Page, and Market. The 'Market' section is highlighted with a red circle. An arrow points from the 'Market' section to the 'Run for Fun' event details page. Below this, two screenshots show the permission prompts for iOS and Android. The iOS prompt asks for 'Calendar' access, and the Android prompt asks for 'SEHATi app to access your calendar?'. Both prompts have a red box around the 'ALLOW' button. Below the screenshots, a text box states: 'The first time a user accesses event details, they will be required to grant the SEHATi app permission to access the calendar. If fail to do so, the user will not able to add event to the calendar.'

SEHATi Mobile Application Guide – Highlights

The diagram illustrates the SEHATi mobile application interface and the process of interacting with event details. On the left, the main page is shown with various sections: Quick menu, Notification bell, HSP Claim, HSP & Employment Injury Treatment Program (RBK) Claim, Health Summary, Quick Action, Main Page, and Market. The 'Market' section is highlighted with a red circle. An arrow points from the 'Market' section to the 'Run for Fun' event details page. Below this, three screenshots show the event details page with various interactive elements highlighted with red boxes. The first screenshot shows the 'Run for Fun' event card. The second screenshot shows the event details page with a red box around the 'See on Map' button. The third screenshot shows the event details page with a red box around the 'Add to Calendar' button. Below the screenshots, a text box states: 'Clicking the "Add to Calendar" button will add the event to the user's calendar app. If permission is not granted, the event will not be added to the calendar.'

Click on other category to view the corresponding event.

Click on the Website URL to view the event's website.

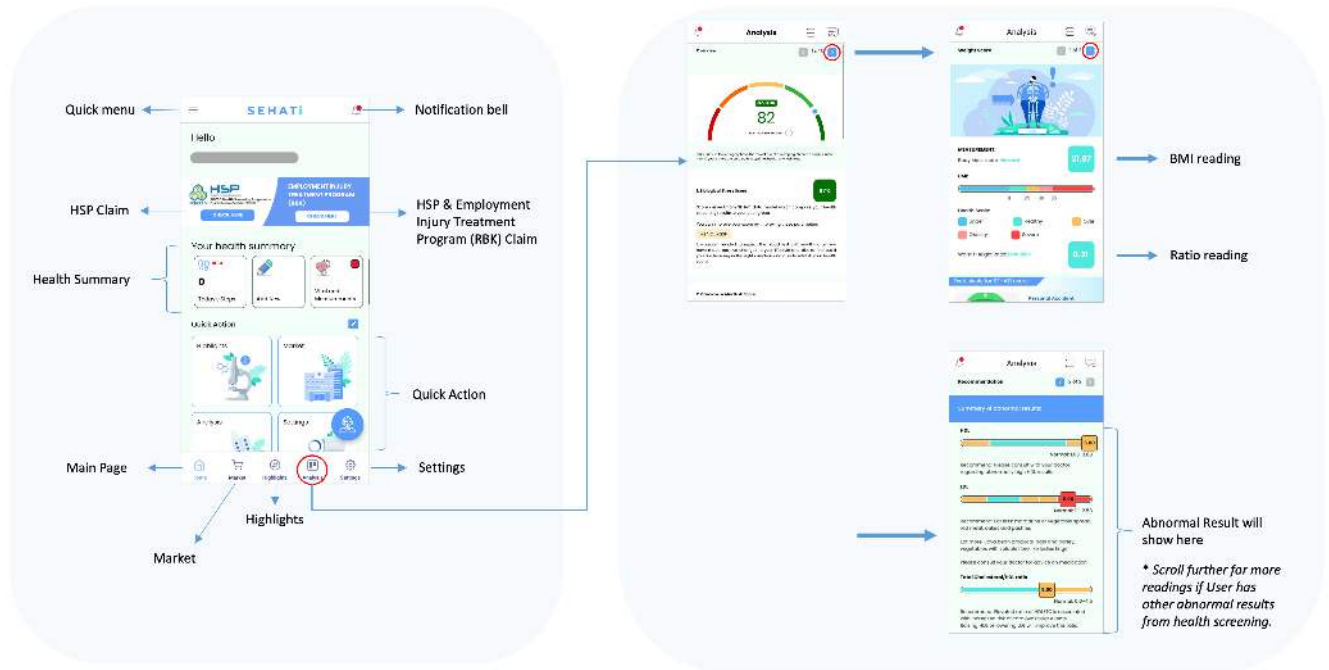
Clicking on "See on Map" will open the event's venue in the user's map app.

Click the Favourite button to add the event to the user's Favourite page for only up to 3 months.



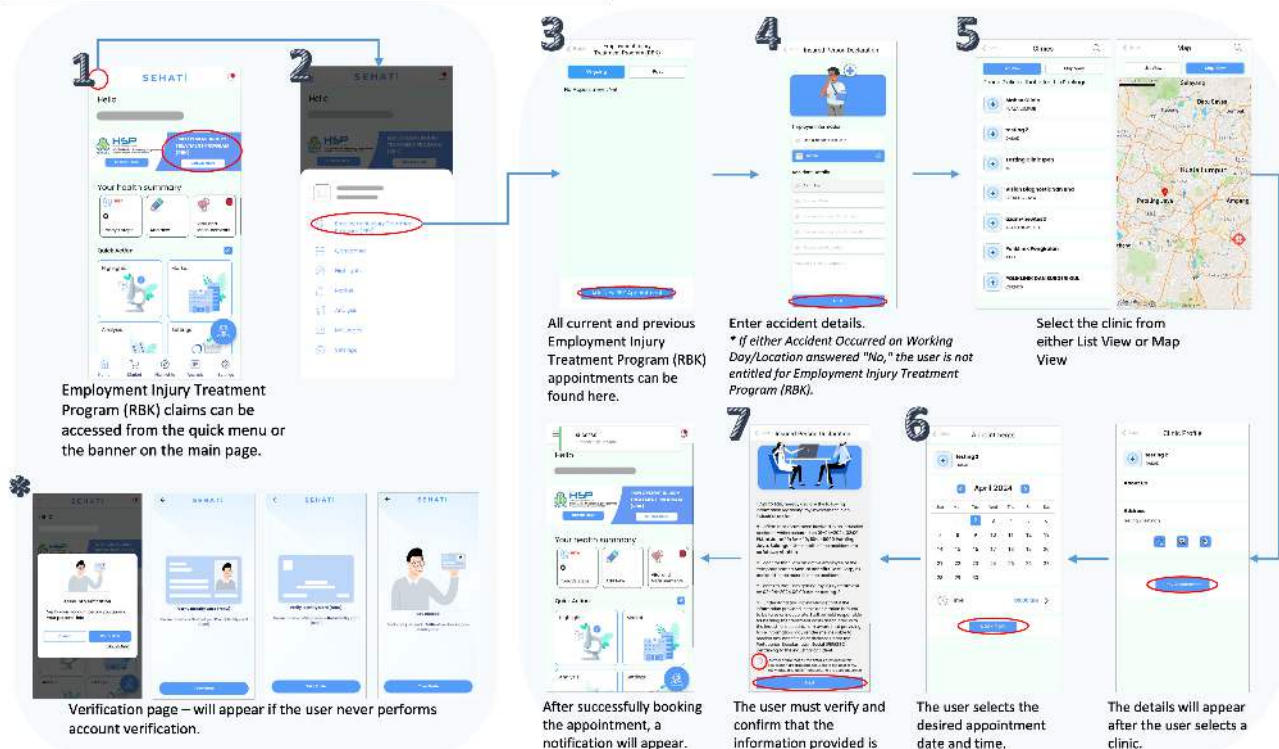
14) SEHATi Mobile Application Guide – Analysis – Recommendations Summary and Test Results Analysis

SEHATi Mobile Application Guide – Analysis – Recommendations Summary and Test Results Analysis



15) SEHATi Mobile Application Guide – Employment Injury Treatment Program (RBK)

SEHATi Mobile Application Guide – Employment Injury Treatment Program (RBK)





16) SEHATi Mobile Application Guide – Other Settings functions

SEHATi Mobile Application Guide – Other Settings functions

The screenshot shows the SEHATi settings menu with the following items and their functions:

- Appointments** >
- Test Results** > → User can download their Lab report in pdf here
- Profile** >
- Account History** > → User can download receipts and view purchased vouchers here
- Update Password** > → User can update password here
- Language** > → Change Language English/Bahasa Malaysia
- My Vouchers** > → User can claim and redeem voucher here
- Help Desk** > → Helpdesk function for any inquiries
- Privacy Policy** >
- Terms and Conditions** > } Privacy Policy and Terms & Conditions for SEHATi
- Version Number** 1.0.38
- Logout**

17) SEHATi Mobile Application Guide – Purchase Voucher

SEHATi Mobile Application Guide – Purchase Voucher

The flowchart illustrates the process of purchasing a voucher in five steps:

- Step 1:** User can purchase any paid Health Screening or Service Product as a voucher for self or others, to be claimed or redeemed at a later date.
- Step 2:** Shows the product details page with an 'Add to Cart' button.
- Step 3:** Shows the cart page with a 'Gift or Book Later' button. Clicking this button allows the user to purchase the screening package or service as a voucher.
- Step 4:** Shows the voucher details page. User can adjust voucher quantity using the '+' and '-' buttons. Price and total amount will update below.
- Step 5:** Shows the voucher list page. Here shows voucher quantity, claimed amount, and expiry date. Click 'View More' for voucher codes list. Below the list, it shows the voucher code and a 'View More' button for related package details.

SEHATi User Manual – Mobile Application

(Update as of 25th July 2025)



18) SEHATi Mobile Application Guide – Account History

SEHATi Mobile Application Guide – Account History

Clicking "Receipt" will download the invoice for the purchased Screening Package or Service Product.

Clicking the "Voucher" tab opens a page showing all previously purchased vouchers. Clicking the receipt icon will download the invoice for the selected voucher.

Clicking the "Share" icon allows the voucher owner to share the voucher code with others to claim.

Once claimed, the voucher will move to the "Claimed" tab along with the claimant's name, voucher code, and claim date.

19) SEHATi Mobile Application Guide – Voucher

SEHATi Mobile Application Guide – Voucher

User can enter the voucher code in the input bar to claim the voucher. To remove a claimed voucher, click the trash icon. To proceed with claiming, click "Click to View More."

To book an appointment, user simply needs to select the clinic and the appointment date and time.

Clicking the "Past" tab shows all previously redeemed vouchers.